



## NICAS 3: DESCRIBE A CLIMBING FILM

For NICAS level 3 you will need to watch and describe a climbing film. NICAS recommend a film called Grit Kids. This can be found at the following link: <https://vimeo.com/62150783>. Beyond this, UKC and Epic TV both feature a large range of climbing videos on their websites.

The questions below are all connected to the film “Grit Kids”

### GRIT KIDS - QUESTIONS

1. What are the names of the two siblings featured in this film?

a.

b.

2. Which route is featured in the picture on the right?



3. At which crag is this route? (e.g. Stange Plantation, Roaches Upper Tier)

4. What sort of climbing is the climber engaged in when completing this route? (e.g. bouldering, top-rope climbing, sport climbing, trad climbing)

5. What grade is the route featured in the picture given?

6. What technique is being performed in the picture? (e.g. rockover/mantle, dyno, figure of four, back-and-stepping)